Physiotherapy Management in Temporomandibular Joint Disorders: A Practical Workshop

About the workshop:

The Temporomandibular joint (TMJ) is one of the most used, yet ignored joints in the body. TMJ disorders are actually not uncommon, affecting approximately 6-12% of the adult population. Symptoms include local pain, neck pain and headache, incomplete mouth opening or closure, otalgia, tinnitus and clicking in the TMJ, etc. The condition is usually overlooked and the importance of rehabilitation is not well established.

This practical workshop will provide ideas on the physiotherapy management of TMJ disorders. The etiology of TMJ disorders, prognosis, and differential diagnosis will be covered. The practical session will include physical examination techniques and manual mobilization for the TMJ.

About the Presenter: Christopher Chi-Ngai, Lo

Mr. Christopher Lo completed his Bachelor’s degree in Physiotherapy from The Hong Kong Polytechnic University and Master’s degree in Musculoskeletal and Sports Physiotherapy from The University of South Australia. He has a Diploma in Acupuncture from The Hong Kong Baptist University. Mr. Lo has worked in various settings including geriatric rehabilitation and sports injury rehabilitation in Hong Kong and Singapore.

Mr. Lo has served as an organization physiotherapist at East Asian Games 2009 and Singapore Gymnastic 2011. His professional interest is chronic pain management, neurogenic inflammation and nervous system related musculoskeletal disorder. He has conducted presentations at WCPT-AWP Congress 2013 in Taichung, Taiwan and Australia Physiotherapy Association Congress 2013 in Melbourne, Australia. He is currently a clinical instructor at The Hong Kong Polytechnic University’s Department of Rehabilitation Sciences.

Course Details:

Date: Sunday, May 17th, 2015
Time: 10:00am to 3:30pm
Venue: PhysioOne Centre
Rua de Ferreira do Amaral, 11-E, Macau
Maximum number of participants: 20
Language of instruction: Cantonese
Eligibility requirement: This workshop is open to physiotherapists only
Course Fee: MOP 550
Light refreshments will be provided. Lunch is on your own.
Registration Deadline: May 8th, 2015

Course Schedule:

10:00am-10:15am
Introduction, anatomy and biomechanics of the TMJ

10:15am-10:45am
Pathology, clinical presentation, prognosis of TMJ disorders, Differential diagnosis

10:45am-12:15 pm
Practical: Objective examination

12:15-12:30 pm
Q & A

12:30 - 1:30 pm
Lunch

1:00- 3:00 pm
Manual therapy for TMJ

3:00- 3:30 pm
Q & A
ENROLLMENT FORM

Physiotherapy Management in Temporomandibular Joint Disorders: A Practical Workshop

Personal Particulars

Name in English: ________________________________ (This is the name that will appear on the certificate)
(Surname First)

Name in Chinese: ________________________________

Gender: □ Male □ Female

Address: ______________________________________

Phone No.: ________________________________

Occupation/Profession: ________________________________

Email: ________________________________ (A confirmation email will be sent to you before the course commences)

Workplace: ______________________________________

Signature: ________________________________

Date: ________________________________

Please email completed form to info@physio1macao.com

Payment method:

☐ By cash (in person at PhysioOne Centre, Macau)

☐ By credit card (in person at PhysioOne Centre, Macau)

☐ Pay-in to:

Industrial and Commercial Bank of China (Macau) Limited (OR: ICBC (MACAU LTD.))

A/C Name: PHYSIOONE CENTRE

A/C Number: 0119-100200004062512

- Cancellation Policy: Applicants will receive full refund of the fees paid if the course is cancelled by PhysioOne Centre. No other compensation whatsoever will be given. In case of cancellation of registration by the applicant, there will be 50% refund if cancelled more than 7 days prior to course commencement; no refund if cancelled within 7 days prior to course commencement. Handling charge for change of student is 20% of course fee (all discounts excluded).

- Receipt of Pay-in or Transfer should be attached with this enrolment form (Bank or ATM machine printout accepted) and email to info@physio1macao.com.